

# MEN'S IGNATIAN SPIRITUAL EXERCISES



**MARCH 27-30, 2025**

**ALL THE THINGS IN THIS  
WORLD ARE GIFTS OF GOD,  
CREATED FOR US, TO BE  
THE MEANS BY WHICH WE  
CAN COME TO KNOW HIM  
BETTER, LOVE HIM MORE  
SURELY, AND SERVE HIM  
MORE FAITHFULLY.  
ST. IGNATIUS OF LOYOLA**



**LED BY FR. FRANCIS  
SUNDERLAND LC**

FR. FRANCIS ENTERED THE LEGION OF CHRIST IN 1997 AND WAS ORDAINED IN 2009. HE TEACHES AT THE NOVITIATE AND CENTER OF HUMANITIES IN CHESHIRE, CT AND IS ALSO A CHAPLIN IN NEW YORK, CONNECTICUT, AND NEW JERSEY.

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