

Our Lady of the Family Herald



REGNUM CHRISTI OF ST. PAUL & MINNEAPOLIS

Our Lady of the Family, Pray for Us!

Setting the World Ablaze

Cana Family Institute



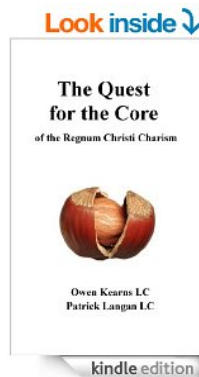
Live Family! Conference

April 9-11, 2015 — Watch for more info!

Journey Into Joy

The **FR. OWEN KEARNS AND FR. PATRICK LANGAN** Road Team will visit us for our Renewal Reflection on **SATURDAY, APRIL 25TH**. This will be a very special day – so mark your calendars!

We recommend reading a book they wrote on the RC Charism, available in Kindle version and paperback at Amazon.



Spiritual Exercises

February 26—March 1 for Men

March 19—22 for Women

Marathon, Wisconsin



This Lent, let us go out into the desert (or Central Wisconsin) to spend uninterrupted time with our Lord. Please keep the retreat team in your prayers as they make preparations for your valuable retreat experiences. Register at www.missionnetworkmsp.org

Mission Network Board Meeting

The Mission Network Board of Directors meets twice a year. The next meeting will be held Thursday evening January 15, 7:00 pm at Mission Network Center. All are welcome to attend!

Agenda items include (1) a review of the current year's budget, (2) report to the Territorial Director, (3) plans for the 2015-16 pledge letter and Archbishop's report, and (4) Administrator/Tax Preparer needed.

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All Regnum Christi members are invited to participate in study and reflection of the first theme: ***The Apostolate of the Laity***. You can find the study packet on the website RCStatutes.org. Click on the Resources tab. Or here: <http://www.regnumchristi.org/comissione/resources/study-packet-2-the-apostolate-of-the-laity>

The next discussions will take place on Thursday, January 8, and Friday, January 9. (See below for details of time and place.)

CALENDAR — CLIP 'N SAVE

January 8, 7pm	Renewal Discussion at the Center, Study Packet II Contact Jennifer Kellar (Moderator), jenkellar@outlook.com
January 9, 9:15am	Renewal Discussion at the Center, Study Packet II Contact Anne Hajek (Moderator), amhajek@gmail.com
January 15, 7pm	Mission Network Board meeting at Center. (All welcome.)
February 12, 7pm	Renewal Discussion at the Center, Study Packet III
February 13, 9:15am	Renewal Discussion at the Center, Study Packet III
February 26-March 1	Men's Spiritual Exercises, Marathon WI
March 19-22	Women's Spiritual Exercises, Marathon WI
March 26, 7 pm	Renewal Discussion at the Center, Study Packet IV
March 27, 9:15am	Renewal Discussion at the Center, Study Packet IV
April 9-11	Cana Family Institute: Live Family! Conference
April 25	Renewal Discussion, Study Packet V with Fr. Owen Kearns, LC and Fr. Patrick Langan, LC (place and time t/b/d)



Every Mission has a story. What's your story? Do you know a young person who would love a missionary experience? Please check out the variety of mission trips available in the US, Mexico, Philippines, and Haiti. missionyouthmissions.org. We have a high school girl who is already signed up for a Haiti trip in July and would love a fellow missionary to join her. *What makes Mission Youth unique?*

Mission Youth is unique in its ability to blend a sense of prayer, purpose, and adventure by offering dynamic and formative materials that:

Attract youth. Out of the ordinary experiences! Mission Youth missions are designed to challenge young people to step out into their world and live their faith in concrete ways. Youth are called to make a difference in their communities through service, evangelization, and personalized attention to the needs of others.

Form youth. The experience of the mission calls young people to grow in their personal relationship with Jesus Christ, encountering his love and having a desire to bring that love to others.

Launch youth. Encountering Christ allows the missionaries to bring Christ to others, sharing his love and hope with all they come into contact with. Mission Youth challenges young people to follow Jesus Christ as modern day apostles who are active members of the Church and ready to share the Gospel with the world.

Thy Kingdom Come!



REGNUM CHRISTI

Prayer
for the renewal of
REGNUM CHRISTI

Lord Jesus, our King and faithful Friend,
you have called us to be part of this
spiritual family, born from your Heart.

In obedience to your Church, we live this
special moment of grace for the
Regnum Christi Movement. We feel called
to an authentic renewal, which is born from a
desire for holiness and a passion to evangelize,
as our love for you impels us. (2 Cor. 5:14)

Today, Lord Jesus, we call your name (Mt. 14:9)
with greater intensity. We are yours;
we abandon ourselves to you with total
confidence. You wish that we give glory
to God by working for the coming of your
Kingdom in all hearts and in society.

Help us to better know your will for us
at this moment of our history. Send us an
abundant outpouring of your Spirit, so that,
in a spirit of prayer and under the gaze of
your most holy Mother, we may contemplate
our charism with new eyes and be able to
incarnate it and articulate it more fully.

Amen

Virtue is a Living Treasure

By Formation Coordinator Kathy Vogel

The formation tidbits for the **2014-15 year** will be based on the virtues associated with the **PROCLAMATION OF THE KINGDOM**, excerpts taken from: "Learning the Virtues that lead you to God" by Romano Guardini. We will look briefly at one virtue each month:

**Truthfulness • Patience • Loyalty • Disinterestedness • Courage • Kindness
• Understanding • Courtesy • Gratitude • Unselfishness • Recollection**

January Formation Tidbit: Kindness

Kindness is often misunderstood as mere good nature, which is certainly nothing very valuable. Good nature is passivity, which lets things take their course; or indolence, which avoids conflict; or even stupidity, which believes anything. But kindness is something deep and strong, and for that reason, it is not easy to define.

Kindness means that a person is well disposed toward life. Whenever he encounters a living being, the kind man's first reaction is not to mistrust and criticize but to respect, to value, and to promote development. Life is sorely in need of this attitude---our human life---which is so vulnerable.

True kindness requires patience. Suffering returns again and again and demands understanding. The failings of others touch us repeatedly and become the more unendurable because we know them by heart. Kindness must constantly make the effort and turn to the others.

One other thing is required by kindness, something of which we rarely speak: a sense of humor. It helps us to endure things more easily. Indeed we could hardly get along without it. A friendly laugh at the oddity of all human affairs: that is humor. It helps us to be kind, for after a good laugh, it is easier to be serious again.

When the Israelite spoke of the goodness and kindness of God, it was the result of a genuine experience. So we read, for example, in the 144th Psalm: "The Lord is gracious and merciful, patient and plenteous in mercy. The Lord is sweet to all, and His tender mercies are over all His works."

If we could see God's goodness, this abyss of kindness, we would be joyful all our life long. That the world exists at all is a continuous expression of God's goodness and kindness.

But, someone will ask, "Does the world look as if God were well disposed toward it?" But, man is responsible for what is the source of all the evil that embitters his existence. We ourselves have made life what it is.

If I say of a mother that she is kind and her whole family lives by her kindness, no truth more beautiful can be expressed. But what if I say God is kind? At first I seem to know what I mean, but then the mystery seizes upon the word and removes it from my grasp. Yet a direction of meaning remains. God is kind and good even when we do not understand His goodness.

Excerpts from: "Learning the Virtues that lead you to God" by Romano Guardini originally published in 1963, this edition by Sophia Institute Press, pp. 109-115.



Pope Francis' Prayer Intentions January 2015

Universal: Peace

That those from diverse religious traditions and all people of good will may work together for peace.

Evangelization: Consecrated life

That in this year dedicated to consecrated life, religious men and women may rediscover the joy of following Christ and strive to serve the poor with zeal.

Recent Prayer Intentions and Announcements

- We pray for Bob Spinharney (RC member) and his family. Bob had surgery to remove a brain tumor. Please visit his Caringbridge site to view updates and maybe write an encouraging comment in the guestbook <http://www.caringbridge.org/visit/bobspinharney>.

- Please pray for Lucy Honner and her family. She has been home in Australia visiting family and there are very serious wildfires in Adelaide Hills where she is.

Please send other prayer intentions and announcements to Rosanne Petersen and rosannepetersen1@gmail.com