

Our Lady of the Family Herald



REGNUM CHRISTI OF ST. PAUL & MINNEAPOLIS

Our Lady of the Family, Pray for Us!



Pope Francis says "go to the peripheries!"
In many ways, the family is already there!

Personally invite a mom with young children to a Familia team!

Help build strong and stable families.

Year 1 starts September 22



Visit www.familiausa.net to explore and order materials. Questions? Kathy Vogel · 763-245-8957 · kvogelmn@gmail.com

MONTHLY RETREAT WITH RCSIPIRITUALITY.ORG Wednesday, September 10th, 7-9 p.m.

These free monthly video retreats take place the **second Wednesday of each month** at the Center. So mark your calendar now!

All are welcome. Thanks to the **Soaring Souls team for sponsoring this event.**



Congratulations to the Farnam family on the birth of the cutest baby ever!
Philomena Mary was born on July 20, 2014.

Thank you to Soaring Souls team and their amazing families for hosting the Ice Cream Social kick-off night. It was a beautiful night of faith, friendship, and families. A special thank you goes out to Deb Bauer for attending and sharing with us her love for souls.



Don't Miss your Opportunity to be a Star!

A message from Jim Fair, Legion of Christ Communications Director, Legion of Christ, 312-953-9864

You are invited to be a part of the Regnum Christi **smart-phone-video project**. It won't take much time, but just might help to save the world...really! Here is what you do:

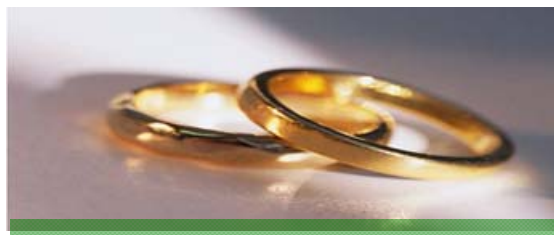
1. Turn on the video setting on your smart phone.
2. Make a selfie video (or have a friend record you) that is a brief testimony (under 60 seconds) of why our Movement is important to you. Be sure to start your video with your name and location. The following are questions that might help you to **frame your thoughts**:
 - ~How has being a Legionary, Consecrated or lay member of RC impacted your life?
 - ~What is your mission in service of the faith?
 - ~Is there a particular project dear to your heart?

3. Save the video and upload it to this Dropbox folder: <https://www.dropbox.com/home/RC%20mini-testimonies>

We will string a few together to use as an inspirational video for the Friends of Regnum Christi **Gala** this October in New York. We're also developing a new **Regnum Christ website**. We'll use single videos and compilations on our **social media pages and during events**. And perhaps you have suggestions. Remember....keep it short and simple. And have fun!

God Renews our World Through Marriage Recap of June 19th Evening of Reflection

Regnum Christi members and guests who attended the Evening of Reflection on June 19th received spiritual motivation, inspired advice, and graces of the Sacraments. This summary of the evening doesn't give justice to the wonderful speakers' remarks, but hopefully some highlights have been captured here.



Our Lady of the Family, Pray for Us!

Fr. Cory Belden celebrated Mass, assisted by Deacon Michael Nevin. In the homily Fr. Belden talked about the importance of married couples **praying together** and suggested praying one Our Father together, the prayer Our Lord taught us. (The Gospel passage at Mass that day.) Praying a focal prayer such as the Our Father helps us avoid awkwardness in praying together and can be very healing. He explained the significance of **renewing marriage vows**, citing the rite of renewal for 25th and 50th anniversaries, and making the distinction that the original marriage vow is "good forever" and does not need to be renewed, but that the renewal strengthens the ongoing marriage commitment.

Deacon Michael Nevin led the Gospel Reflection, focusing on inspirations from John 12:20-26... "*we want to see Jesus.*" Deacon Nevin placed this Gospel in context in a variety of ways, then in the context of the matrimonial covenant, reflecting on our **willingness to die to oneself** for the one we love.

He shared from Church's teachings from the Catechism of the Catholic Church #1601, and from St. Paul's Letter to the Ephesians, to have us reflect further on the question: *How will our world be renewed through marriage?* The answer lies in the history of the Church—**the saints respond to the crisis of their times with heroic virtue and sacrificial love.**

Saint John Paul II in the Apostolic Letter *Novo Millennio Ineunte* (2001) detailed how our **heroic response** needs to occur in this millennium through a **personal encounter** with our Lord. The entire second half of this apostolic letter shares all the aspects of Jesus' life to contemplate and the absolute necessity for us to do so, if we wish to have an **evangelizing impact** in our own lives and others. This quote from *Novo Millennio Ineunte* #16 tied together **the importance of "seeing" Jesus and our outreach in the world:**

We wish to see Jesus" (Jn 12:21). This request, addressed to the Apostle Philip by some Greeks who had made a pilgrimage to Jerusalem for the Passover, echoes spiritually in our ears too during this Jubilee Year. Like those pilgrims of two thousand years ago, the men and women of our own day — often perhaps unconsciously — ask believers not only to "speak" of Christ, but in a certain sense to "show" him to them. And is it not the Church's task to reflect the light of Christ in every historical period, to make his face shine also before the generations of the new millennium? Our witness, however, would be hopelessly inadequate if we ourselves had not first *contemplated his face*. The Great Jubilee has certainly helped us to do this more deeply. At the end of the Jubilee, as we go back to our ordinary routine, storing in our hearts the treasures of this very special time, our gaze is more than ever *firmly set on the face of the Lord*.

In the conference talk **Mrs. Jean Stolpestad** spoke about the **mission of the family** as a synthesis of the mission of man: **to love**, and the **mission of the Church: to evangelize**. She explained this mission, focusing on each area outlined in Saint John Paul II's Apostolic Exhortation, *Familiaris Consortio* #17: "*Each family finds within itself a summons that cannot be ignored, and that specifies both its dignity and its responsibility: **family, become what you are.***"

Specifically, these four areas were addressed in the Church's Synod of Bishops in 1980 and apply even more so today: 1) forming a community of persons; 2) serving life; 3) participating in the development of society; and 4) sharing in the life and mission of the Church. Mrs. Stolpestad **shared excellent examples** about how our families live out the call to holiness and evangelization in each of these areas. She wisely noted that families feel distracted and disillusioned from evangelization at times, but can take heart in the thought from Henri Nouwen that "**our distractions are our work.**" It is in the faithful and joyful living of everyday struggles that we find our family's mission. We can find no better example than the Blessed Mother, who remained at the foot of her Son's cross, **steadfast in her mission.**

We concluded the retreat by giving thanks to God for everything that we had received, including the gift of renewal and healing in our own marriages. The women retreatants left with a gift of a beautiful flower.





REGNUM CHRISTI OF ST. PAUL & MINNEAPOLIS
REFLECTION & RENEWAL CONVENTION
For Men and Women
Saturday October 25, 2014
8:00 a.m. – 3:00 p.m.
Our Lady of Grace, 5071 Eden Ave, Edina



Men and Women Regnum Christi members in the Twin Cities and the surrounding area are invited to our one-day Convention to **begin the Reflection and Renewal process** for all First and Second Degree members.

Cost is \$30 per person. Includes lunch.
 On-line registration opens on September 15 at www.missionnetworkmsp.org

8:00 a.m.	Parish Mass (optional)
8:30 a.m.	Check-in and continental breakfast
9:15 a.m.-3:00 p.m.	Retreat, talks, and discussion groups. Lunch included.



REGNUM CHRISTI RENEWAL PROCESS

- In order for RC members to participate in the Statute revision, they **must** first take part in the **Illumination phase**. The hope is that all members will attend this convention and help begin our local discussions.
- **Illumination phase is October - December 2014**. It includes our Convention day and gatherings devoted to study and assimilation of the teachings of the Church regarding the vocation of the laity, movements, and RC identity/mission.
- **Statute Renewal phase is January - June 2015**.
- We hope to have Statutes ratified at 2016 General Assembly for Holy See approval.
- Please join in prayer with RC members around the world during the renewal process.

Jane Stone, Jeannine Backstrom, Rosanne Petersen and Mary Hodgdon are traveling to sunny Atlanta, Georgia in October to attend the North American Territorial RC Convention. We will learn about the next phase in the renewal process and communicate it to all local men and women members at the October 25th Convention at Our Lady of Grace in Edina (see above notice and attached Save the Date card). Thank you for your prayers!



Pope Francis' Prayer Intentions September 2014

Mentally disabled. That the mentally disabled may receive the love and help they need for a dignified life.

Service to the poor. That Christians, inspired by the Word of God, may serve the poor and suffering.

Rosary Intentions

Here are some suggested Rosary decade intentions for the month of September,



- 1st Decade: For the Church and all persecuted Christians.
- 2nd Decade: For the Holy Father and all his intentions.
- 3rd Decade: For the Regnum Christi Movement, especially during the renewal process.
- 4th Decade: For our Section, team members, leaders and apostolates.
- 5th Decade: Personal Intentions.

Virtue is a Living Treasure

By Formation Coordinator Kathy Vogel

The formation tidbits for the **2014-15 year** will be based on the virtues associated with the **PROCLAMATION OF THE KINGDOM**, excerpts taken from: "Learning the Virtues that lead you to God" by Romano Guardini. We will look briefly at one virtue each month:

**Truthfulness • Patience • Loyalty • Disinterestedness • Courage • Kindness
• Understanding • Courtesy • Gratitude • Unselfishness • Recollection**

In the chapter on "The Nature of Virtue", Guardini remarks that the virtues which at first appear so commonplace are really very rich and deep. Understanding the virtues helps us understand man better as well as helping us in the practical conduct of our own life. And this "good is a living treasure, radiating from God, at its source infinitely rich and yet simple, but breaking up and unfolding at its contact with human existence."

"Every virtue is a diffraction of this infinitely rich simplicity upon a potentiality of man. But that means that different individuals according to their potentiality are more or less related or alien to the different virtues. So a socially inclined person who readily establishes relations with others will find the virtue of understanding quite easy and natural, whereas it is naturally strange to the active resolute person fixed upon his goal. A person of creative temperament has an originality which enables him to grasp a given situation vividly, while the person who is of more logical temper holds to fixed rules."

"To see all this is important for our understanding of the moral life of different individuals. It is also important for our own daily life, because in our moral development, it is well to begin with that which is familiar to us and then to advance to the conquest of that which is more alien."

In August, we will look at a particular virtue which has suffered great damage in our day, **TRUTHFULNESS**, which includes also the love of truth, and the will that truth should be recognized and accepted. (*See Attached Tidbit.*)

Excerpts from: "Learning the Virtues that lead you to God" by Romano Guardini, originally published in 1963, this edition by Sophia Institute Press, pp. 11-13.

"It's not up to you to choose whether or not you have a vocation. It's God who chooses!"

~Pope Francis

The Pope said this to 6,000 Asian youth recently. Here are some of **Fr. Simon Devereaux, LC**, thoughts on the topic:

- A vocation is not a career one chooses. It is a call from God. I heard this call when I was seven. However, for each it is unique, concrete, intimate, and breathtaking.
- One responds in the measure of one's faith. The gold standard is Abraham who left everything to follow God.
- The parents' faith is also tested. Do I hold on to my child excessively, or do I realize my child ultimately belongs to God and I am a steward?
- I cannot tell you how happy I am being a priest. Even statistically, the priesthood is the "happiest" profession.
- A friend told my mother after I had left home for the seminary: "What a pity! Simon could have been a doctor!" Well, as a priest, I am a doctor...a doctor of souls! In addition, the training was 13 years!

Servant OF Love



Vocations Are Born in and from Prayer

"Behind and before every vocation to the priesthood or to the consecrated life there is always the strong and intense prayer of someone: a grandmother, a grandfather, a mother, a father, a community. This is why Jesus said: 'Pray therefore the Lord of the harvest,' that is, God the Father, 'to send out laborers into His harvest' (Mt 9:38).

Vocations are born in prayer and from prayer; and only through prayer can they persevere and bear fruit."



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